

**CATALOGUE**  
**2026**



**OEEMERBI**

 **ITALIAN DESIGN**

***Stay Fit, Be Strong***

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ITALIAN DESIGN  
*Stay Fit. Be Strong*


**Oemmebi is the essence of functional design brought into the world of fitness – bold, elegant and created with the perfect training experience in mind.**

# Multi-Press

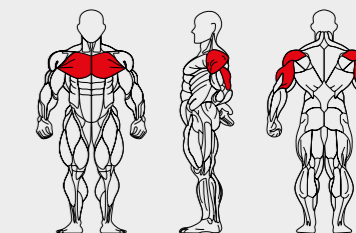
IRFB1503

**This versatile dual-function machine allows for a complete upper-body pushing workout, seamlessly switching between chest and shoulder press variations.** The adjustable arm and seat positions ensure optimal biomechanics for users of all sizes, promoting safe muscle isolation. Its robust construction provides ample resistance for progressive overload in both compound movements. Space-saving yet heavy-duty, it is an essential station for building pectoral and deltoid strength.

 **DIMENSIONS:**  
L 184 × W 136 × H 155 cm

 **WEIGHT:**  
145 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**  
BOX1: 1560×740×280 mm  
Gross weight: 65 kg  
BOX2: 940×950×230 mm  
Gross weight: 45 kg  
BOX3: 1200×1110×250 mm  
Gross weight: 50 kg  
BOX4: 650×260×195 mm  
Gross weight: 2 kg

# Lat / Mid Row

IRFB1504

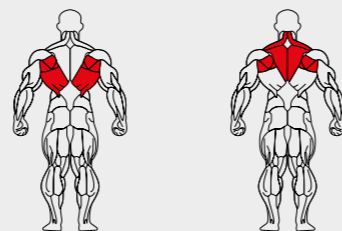
Designed for comprehensive back development, this machine combines high-pulley lat pulldowns with a seated mid-row station.

The thigh pads and footplates provide essential stability, allowing users to safely maximise force output during heavy lifts. Smooth cable operation ensures constant tension on the latissimus dorsi and rhomboids throughout the full range of motion. It is an efficient solution for targeting both back width and thickness in a single compact footprint.

 **DIMENSIONS:**  
L 184 x W 123 x H 223 cm

 **WEIGHT:**  
152 kg

 **WEIGHT STACK:**  
120 kg




**Packaging specifications:**  
BOX1: 1930x740x280 mm  
Gross weight: 77 kg  
BOX2: 2210x1080x435 mm  
Gross weight: 95 kg

# Standing Biceps / Triceps

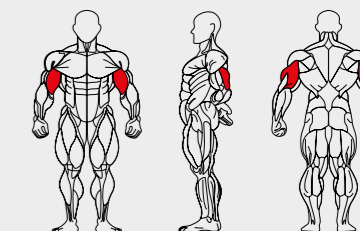
IRFB1506

This space-efficient station delivers a complete arm workout, allowing users to alternate between bicep curls and tricep pushdowns in a functional standing position. The biomechanically optimised cam and pulley system ensure consistent resistance curves for peak muscle contraction. Its intuitive design requires minimal adjustment, making it perfect for high-traffic gym environments. The substantial weight stack offers sufficient load capacity for serious hypertrophy training.

 **DIMENSIONS:**  
L 98 x W 83 x H 202 cm

 **WEIGHT:**  
99 kg

 **WEIGHT STACK:**  
120 kg




**Packaging specifications:**  
BOX1: 1550x740x280 mm  
Gross weight: 68 kg  
BOX2: 1950x770x280 mm  
Gross weight: 43 kg

# Seated Biceps / Triceps

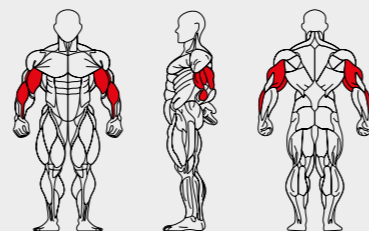
IRFB1508

Optimised for strict isolation, this dual station targets the biceps and triceps with an ergonomically contoured arm pad that eliminates momentum. Users can effortlessly switch between preacher curls and tricep extensions, ensuring a high-intensity arm session without changing machines. The precision-engineered pivot point aligns with the elbow joint for maximum safety and comfort. It serves as a fundamental tool for defining and strengthening the upper arms.

 **DIMENSIONS:**  
L 118 x W 103 x H 156 cm

 **WEIGHT:**  
132 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**  
BOX1: 1550x960x280 mm  
Gross weight: 90 kg  
BOX2: 1055x980x345 mm  
Gross weight: 55 kg

# Dip / Chin Assist

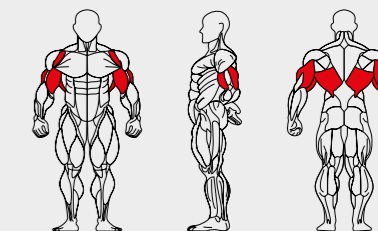
IRFB1513

A staple for upper body development, this machine allows users to perform pull-ups and dips with a counterbalanced knee pad for adjustable assistance. It enables trainees of all fitness levels to master these compound bodyweight movements with proper form and full range of motion. The multiple grip positions target different back and arm muscles, offering exceptional training versatility. It supports effective progression from assisted reps to unassisted strength.

 **DIMENSIONS:**  
L 153 x W 101 x H 229 cm

 **WEIGHT:**  
202 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**  
BOX1: 1930x740x280 mm  
Gross weight: 93 kg  
BOX2: 2330x840x350 mm  
Gross weight: 96 kg  
BOX3: 1160x630x235 mm  
Gross weight: 35 kg

# Fly / Rear Delt

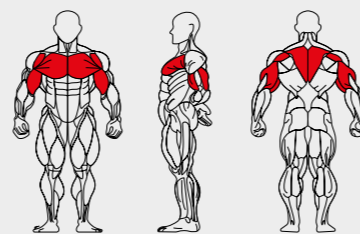
IRFB1526

This classic dual station is essential for sculpting the chest and upper back, offering both pectoral fly and rear deltoid movements. The independent arms with pivoting handles accommodate different arm lengths and allow for a natural, arc-shaped range of motion. Users can switch functions quickly via the overhead cam adjustment, ensuring a fast-paced and effective upper-body session. It provides excellent isolation, removing the triceps from the equation to focus purely on the torso muscles.

 **DIMENSIONS:**  
L 142 x W 118 x H 212 cm

 **WEIGHT:**  
159 kg

 **WEIGHT STACK:**  
120 kg





**Packaging specifications:**  
BOX1: 2210x740x280 mm  
Gross weight: 91 kg  
BOX2: 1920x685x435 mm  
Gross weight: 85 kg

# Standing Lateral Raise

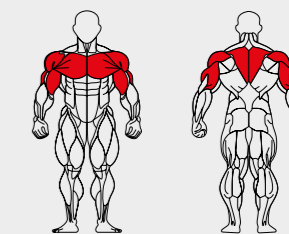
IRFB1545

The Standing Lateral Raise machine is the ultimate tool for widening the shoulders and targeting the medial deltoids. Its counter-balanced arms and rotating handles ensure a natural path of motion that minimises strain on the rotator cuff. By stabilising the torso against the chest pad, users can eliminate cheating and focus entirely on deltoid isolation. It delivers constant tension throughout the rep, which is superior to dumbbell variations for hypertrophy.

 **DIMENSIONS:**  
L 127 x W 79 x H 200 cm

 **WEIGHT:**  
210 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**  
BOX1: 1930x740x280 mm  
Gross weight: 97 kg  
BOX2: 1100x1020x355 mm  
Gross weight: 69 kg  
BOX3: 1105x490x177 mm  
Gross weight: 22 kg  
BOX4: 800x685x385 mm  
Gross weight: 42 kg

# Abdominal / Back

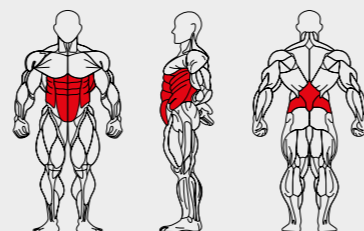
IRFB1510

This core-focused machine provides a safe and effective way to strengthen both the abdominal wall and the lower back erectors. Its dual-action design features a simple adjustment mechanism to switch between crunch and extension movements instantly. The ergonomic lumbar pad encourages a natural spinal range of motion, reducing the risk of injury while maximising muscle engagement. It is an indispensable tool for building a solid, stable core foundation.

 **DIMENSIONS:**  
L 112 x W 103 x H 155 cm

 **WEIGHT:**  
122 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**  
BOX1: 1550x990x280 mm  
Gross weight: 80 kg  
BOX2: 1380x720x285 mm  
Gross weight: 52 kg

# Leg Extension / Curl

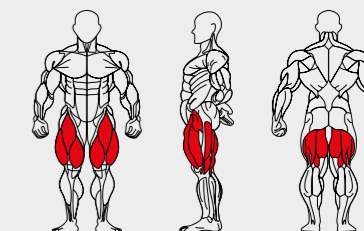
IRFB1514

This dual-function unit delivers a complete upper-leg workout, combining seated leg extensions for the quadriceps with seated leg curls for the hamstrings. The self-adjusting shin pad and accessible range-of-motion limiter allow for a perfect anatomical fit and quick transitions. Its smooth resistance curve ensures constant tension on the muscles without placing undue stress on the knee ligaments. Compact and efficient, it is ideal for isolating the anterior and posterior thigh muscles.

 **DIMENSIONS:**  
L 134 x W 101 x H 151 cm

 **WEIGHT:**  
141 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**  
BOX1: 1550x990x280 mm  
Gross weight: 77 kg  
BOX2: 1510x940x290 mm  
Gross weight: 76 kg

# Prone Leg Curl / Leg Extension

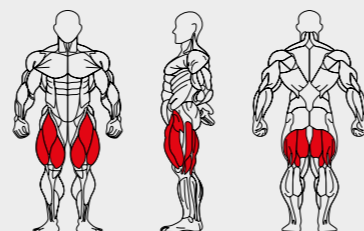
IRFB1528

This space-saving hybrid combines a seated leg extension for quadriceps definition with a prone leg curl for hamstring mass. The multi-adjustable backrest and roller pads ensure precise pivot alignment with the knee joint for both exercises. By allowing the user to lie prone, it offers superior hamstring isolation compared to seated versions, while still providing a standard extension function. It is a comprehensive solution for balanced upper-leg development.

 **DIMENSIONS:**  
L 134 x W 104 x H 156 cm

 **WEIGHT:**  
151 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**

BOX1: 1550x930x280 mm

Gross weight: 90 kg

BOX2: 785x540x220 mm

Gross weight: 24 kg

BOX3: 1130x720x315 mm


Gross weight: 50 kg


# Abductor / Adductor

IRFB1515

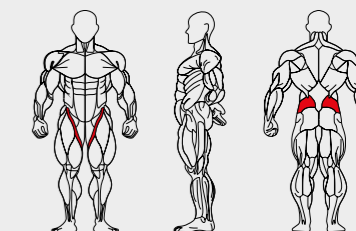
Focusing on the hip musculature, this machine offers an effective solution for training the gluteus medius and inner thigh adductors.

The rotating knee pads allow users to switch between abduction and adduction movements without leaving the seated position. Its ergonomic design promotes proper pelvic alignment, ensuring targeted isolation of these often-neglected muscle groups. The enclosed weight stack provides smooth, consistent resistance for toning and strengthening the lower body.

 **DIMENSIONS:**  
L 177 x W 69 x H 155 cm

 **WEIGHT:**  
121 kg

 **WEIGHT STACK:**  
90 kg



**Packaging specifications:**

BOX1: 1550x740x280 mm

Gross weight: 61 kg

BOX2: 1715x1040x375 mm

Gross weight: 75 kg

# Leg Press / Calf

IRFB1516

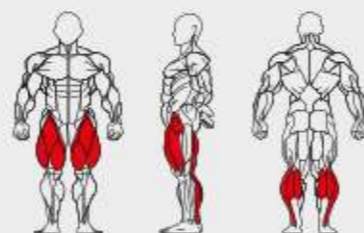
Engineered for serious lower body power, this machine transitions seamlessly between a heavy compound leg press and an isolated calf raise. The 2:1 cable ratio effectively doubles the resistance load, challenging even advanced lifters with the feel of plate-loaded intensity. An oversized footplate and adjustable backrest accommodate various foot stances to target different areas of the quads, hamstrings, and glutes. It combines the safety of a selectorised machine with heavy-duty performance.

 **DIMENSIONS:**  
L 195 x W 118 x H 193 cm

 **WEIGHT:**  
171 kg

 **WEIGHT STACK:**  
150 kg

*\*(2:1 ratio which provides 180 kg of weight resistance)*



**Packaging specifications:**

BOX1: 2210x740x280 mm

Gross weight: 77 kg

BOX2: 2130x790x460 mm

Gross weight: 111 kg

# Standing Hip Abductor

IRFB1519

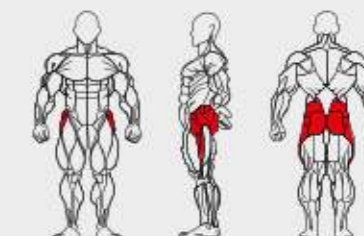
This specialised station isolates the gluteal muscles and hip abductors in a functional standing position, mimicking real-world movement mechanics.

The adjustable support pad and handles ensure stability, allowing the user to focus entirely on the mind-muscle connection. It is excellent for developing hip stability, shaping the glutes, and improving athletic performance. The smooth stack movement eliminates momentum, ensuring strict and effective muscle recruitment.

 **DIMENSIONS:**  
L 104 x W 168 x H 155 cm

 **WEIGHT:**  
177 kg

 **WEIGHT STACK:**  
120 kg



**Packaging specifications:**

BOX1: 1570x740x280 mm

Gross weight: 68 kg

BOX2: 1410x495x350 mm

Gross weight: 42 kg

BOX3: 1585x1085x270 mm

Gross weight: 86 kg

# Standing Hip Thrust

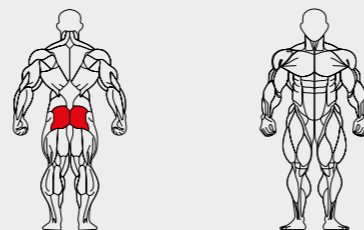
IRFB1523

Designed to target the gluteus maximus with maximum efficiency, this machine facilitates a powerful hip extension movement in a comfortable standing posture. The padded pelvic support and secure handgrips allow for full force generation without the setup hassle of free-weight thrusts. Its biomechanics are tuned to peak contraction at the top of the movement for superior glute development. This unit is a game-changer for anyone focused on posterior chain strength and aesthetics.

 **DIMENSIONS:**  
L 162 x W 103 x H 155 cm

 **WEIGHT:**  
157 kg

 **WEIGHT STACK:**  
120 kg




**Packaging specifications:**  
BOX1: 1550x740x280 mm  
Gross weight: 71 kg  
BOX2: 1465x660x465 mm  
Gross weight: 74 kg  
BOX3: 1165x725x195 mm  
Gross weight: 24 kg

# Kick Back

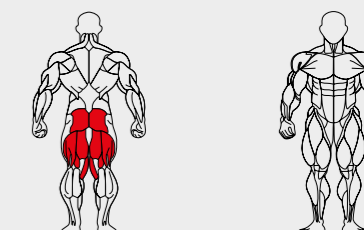
IRFB1529

This dedicated glute machine replicates the popular rear kick movement with added resistance and stability. The chest support and forearm pads isolate the gluteus maximus by minimizing lower back involvement and momentum. Its smooth trajectory ensures a peak contraction at the end of the range of motion, crucial for shaping and strengthening the posterior chain. The machine offers sufficient load for both high-repetition toning and strength-focused training.

 **DIMENSIONS:**  
L 137 x W 81 x H 155 cm

 **WEIGHT:**  
130 kg

 **WEIGHT STACK:**  
90 kg



**Packaging specifications:**  
BOX1: 1550x740x280 mm  
Gross weight: 68 kg  
BOX2: 1410x455x325 mm  
Gross weight: 28 kg  
BOX3: 980x790x185 mm  
Gross weight: 48 kg

# Hip Thrust

IRFB1546

Bringing the most popular glute exercise to a safe selectorised platform, this machine delivers a heavy hip thrust without the discomfort of a barbell.

The oversized, adjustable belt system secures the user comfortably, allowing for maximal drive through the hips.

A massive weight stack and optimal leverage curve ensure high resistance at the point of peak contraction.

It is the gold standard for safe, high-load gluteus maximus training.



**DIMENSIONS:**

L 197 x W 80 x H 155 cm



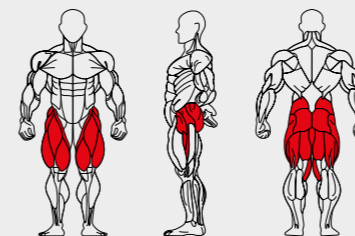
**WEIGHT:**

207 kg



**WEIGHT STACK:**

150 kg



**Packaging specifications:**

BOX1: 1570x750x295 mm

Gross weight: 76 kg

BOX2: 1890x965x270 mm

Gross weight: 94 kg

BOX3: 885x725x730 mm

Gross weight: 52 kg





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